



Work together with all involved parties:

- The person with dementia
- Their loved ones and/or informal caregivers
- All involved healthcare professionals before, during, and after the move to a nursing home*.

Pay attention to the expectations, wishes, and preferences of the person with dementia, their loved ones, and/or informal caregivers.

We do this together by:

- 1 Look ahead at home
- 2 Prepare a warm welcome
- 3 Create a feeling of home

1 Look ahead at home together

Agree with all involved who will be the central contact person in the home setting.

As involved care professionals, discuss:

- Wishes and preferences regarding proactive care planning, such as living at home, daily life and care, and end-of-life wishes.
- The joint decision to move.
- Regularly coordinate the collaboration about living at home and proactive care planning with all involved.



2 Prepare a warm welcome together

Agree as involved care professionals in the nursing home who will be the central contact person.

Transfer the person with dementia and their loved ones and/or informal caregivers by:

- Contacting the central contact person from the other setting.
- Collecting, documenting, sharing, and discussing wishes and preferences regarding proactive care planning with the central contact person in the nursing home.
- Informing those involved who the central contact person in the nursing home is.

As the central contact person in the nursing home, carry out the following:

- Inform involved care providers about wishes and preferences regarding proactive care planning.
- Discuss with all involved whether a home visit, nursing home visit, or activities to ease the transition are needed.
- Provide an estimated waiting time until the moving day.
- Schedule the moving day, focusing on warmly welcoming the person with dementia and their loved ones and/or informal caregivers.
- Use personal rather than clinical words, such as "moving" instead of "admission."
- Pay attention to the grieving process of loved ones and/or informal caregivers.

For care professionals involved in home care, gradually reduce your contact with the person with dementia and their family members or informal caregivers.

Discuss and evaluate the collaboration regarding the warm welcome with all involved.

3 Create a feeling of home together

As involved care professionals, carry out the following:

- Give a warm welcome.
- Pay attention to the person's adjustment to the nursing home.
- Provide holistic care (four dimensions).
- Regularly discuss wishes and preferences regarding proactive care planning, including daily life, care, and end of life.

Regularly discuss and evaluate collaboration about living in the nursing home and proactive care planning with all involved.



** In this guideline "Moving Together DEDICATED," we focus on the move from home to a nursing home, but these core steps can also be applied to moves to other residential care settings, such as hospices or care apartments.*