

Chat Jar

Palliative Care and Dementia



These are Chat Jar Cards designed to help a team of care professionals reflect on:

- Palliative care for people with dementia
- Collaboration during palliative dementia care
- Dealing with the end of life
- General topics within palliative care

The cards can be used in a glass jar. Out of respect for nature, we kindly ask you to use your own glass jar. Inside the DEDICATED-box, you will find a Chat Jar sticker that you can place on your jar.

The Chat Jar is inviting and easy to use, for example during multidisciplinary meetings, breaks, or team discussions.

**What has made the
greatest impression on you
in caring for people with
dementia?**

**When do you think
palliative care should
start for people with
dementia?**

**What are the differences
and similarities between
palliative and curative care?**

**What was your most beautiful
moment in palliative care for
someone with dementia?**

**What was your saddest
moment in palliative care for
someone with dementia?**

**What was your most
difficult moment in palliative
care for someone with
dementia?**

**How do you initiate
conversations about the
end of life with someone
with dementia?**

**What challenges do you
see in conversations about
the end of life with
someone with dementia?**

**What is a good moment
to talk to someone with
dementia about the end
of life?**

**Who could initiate
conversations about the
end of life with someone
with dementia?**

How do you involve loved ones in a conversation about the end of life with someone with dementia?

**How do you involve loved
ones in the care for
someone with dementia?**

How do you deal with situations when loved ones disagree about the care for someone with dementia?

**How do you deal with it if
you disagree with loved
ones about the care for
someone with dementia?**

**How do you get to know
someone with dementia
well?**

**How do you ensure that
someone with dementia
feels at home?**

**How can you use stories
from the life of someone
with dementia in their
care?**

**What does the
spiritual dimension
look like, in your
opinion?**

**What does the
social dimension
look like, in your
opinion?**

**What does the
psychological dimension
look like, in your opinion?**

**What does the
physical dimension
look like, in your opinion?**

**What would you like to give
more attention to in the
care for people with
dementia?**

**How do you find out what
someone with dementia
needs?**

**How do you find out if
someone with dementia
is in pain?**

**What is the best way
to address pain in
someone living with
dementia?**

**How do you manage
challenging behaviour in
someone with dementia?**