

# Chat Jar

## General



These are Chat Jar Cards designed to help a team of care professionals reflect on:

- Palliative care for people with dementia
- Collaboration in palliative dementia care
- Dealing with the end of life
- General topics within palliative care

The cards can be placed in a glass jar. Out of respect for nature, we kindly ask you to use your own glass jar. Inside the DEDICATED-box, you will find a Chat Jar sticker that you can place on your jar.

The Chat Jar is inviting and easy to use, for example during a multidisciplinary meeting, a break or a team discussion.

**What does good care  
mean to you?**

**Who are you  
as a care professional?**

**What does letting go  
mean to you?**

**What does  
connecting with  
others mean  
to you?**

**What does hope  
mean to you?**

**What does grief  
mean to you?**

**How do you react  
when someone you  
care for is sad?**

**How do you  
respond when  
someone you care  
for loses all hope?**

**How do you recognise hope  
in people with dementia and  
their loved ones?**

**What does 'death'  
mean to you?**

**What does honesty  
mean to you?**

**What is your most  
important quality as a  
care professional?**

**Which qualities do  
you admire in other  
care professionals?**

**Which qualities do  
you admire in your  
(care) team?**

**Complete the sentence:**  
**Quality of life**  
**means to me...**

**Complete the sentence:  
If I had less than a year  
to live, I would...**

**Complete the sentence:**  
**My biggest wish for**  
**people with**  
**dementia is...**

**Complete the sentence:**  
**My biggest wish for**  
**elderly care is...**

**Complete the sentence:**  
**I work in (elderly) care**  
**because...**

**What does your ideal  
working day look like?**

**What do you find  
important in your work?**