

Chat Jar

End of Life



These are Chat Jar Cards designed to help a team of care professionals reflect on:

- Palliative care for people with dementia
- Collaboration in palliative dementia care
- Dealing with the end of life
- General topics within palliative care

The cards can be used in a glass jar. Out of respect for nature, we kindly ask you to use your own glass jar. Inside the DEDICATED-box, you will find a Chat Jar sticker that you can place on your jar.

The Chat Jar is inviting and easy to use, for example during multidisciplinary meetings, breaks, or team discussions.

**What do you think of the
expression:**

**"Not everything that can
be done, has to be done"?**

**How does your
team cope with
death?**

**What do you think of the
way your team deals
with death?**

**Does your team grieve
after a death?
How do you notice this?**

**How do you cope
when someone you
care for is afraid of
death?**

**How do you cope with the
loss of someone
you care for?**

**Do you ever take your
grief home after a
death? How do you deal
with that?**

**What do you find
important in caring for
people with dementia in
their final phase of life?**

**What do you find
challenging in caring for
people with dementia in
their final phase of life?**

**What are the differences
and similarities between
the death of someone
with or without
dementia?**

**How do you care for the
loved ones of someone
with dementia
who is dying?**

**How do you care for the
loved ones of someone
with dementia who has
just passed away?**

**How does it affect
you to know that
someone you care for
will die soon?**

Which event in end-of-life care has stayed with you?

**What emotions do
you feel when
someone you care
for has just died?**

**With which word
would you describe
the end of life?**

**Do you discuss your
experiences of loss
with others?
With whom and how?**

**Do you ever talk
about the end of life
with your own loved
ones? How do you
do that?**

**What is the difference for
you between 'death' and
'end of life'?**