

LIFE POSTER DEDICATED



Quality improvement of palliative care for people with dementia and their loved ones

- At a glance: who a person with dementia is and has been.
- A quick overview of who you are caring for. Topics you can discuss.
- Keep in mind: people can change.

PREPARATION

- Discuss your ideas with your team/direct colleagues. Can you create a plan?
- Are there other loved ones, healthcare professionals, or stakeholders who want to help with this life poster?

HOW DO I MAKE A LIFE POSTER?

The steps are on the back.



Remember that...

... the life poster is a tool, but it cannot replace personal conversations.

A person is much more than what fits on one poster.

Are you enthusiastic and want to know more about DEDICATED?
Visit <https://dedicatedwerkwijze.nl>

or send an email to
info@dedicatedwerkwijze.nl

The making of a DEDICATED-life poster

Introduce

Explain the life poster. Optionally, show an example.

Together, we create a large poster where you can show who you are and everything you have experienced in your life.

Involve the loved one or informal caregiver of the person with dementia

Preferably directly. They can help by further explaining the idea to the person with dementia. The loved one or informal caregiver can assist in filling in the poster (for example, by collecting clippings, copying old photos, etc.).

Who makes the life poster?

Healthcare professional, loved one, informal caregiver, or the person with dementia themselves when possible.

Have a conversation

To fill in the poster, (if possible) have a conversation with the person with dementia. This helps you get to know the person better straight away. For inspiration, also take a look at the conversation aids from DEDICATED (a Conversation Dice or Conversation Cards available at <https://dedicatedwerkwijze.nl/materialen/>).

Practical agreements

Coordinate with the loved one/person with dementia where the poster will be displayed (or will it be digital?). Also consider privacy and ask those involved what they prefer. If desired, include contact details (phone number, email address) of other relevant persons on the life poster: mentor, case manager, community nurse.

Keep it simple and dynamic

Limit the poster to a number of core themes that are important to someone (ask about this). Optionally, create multiple posters: one per theme. People change. Therefore, the poster is dynamic: adding or removing elements is always possible.

Finally

Once the poster is 'up', it helps healthcare professionals quickly form an impression of someone. It also provides talking points to start a conversation.

