

PACSLAC-D OBSERVATION SCALE

DEDICATED



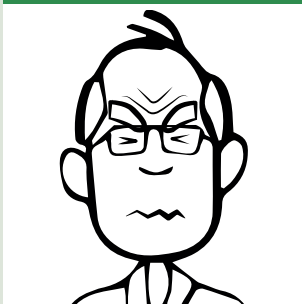
An observation checklist for recognizing pain in people with dementia.



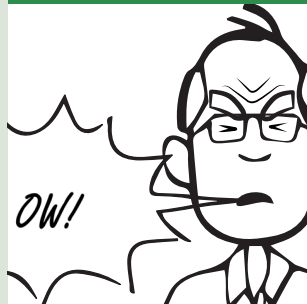
People with dementia who have difficulty communicating rely on others to recognize their pain. Are you aware of your role in this? To assess pain accurately, careful observation is essential! Scan the QR code to see the informational video on the Pacslac-D.

Category 1: Face (and behavior)

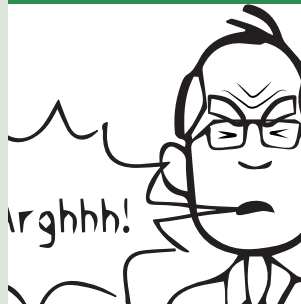
Expression of pain



Sounds or expressions of pain (ouch or ow)



Groaning and/or moaning



Grimace/distorted face



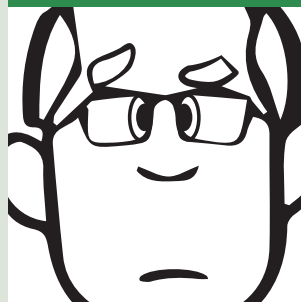
Wrinkles on the forehead



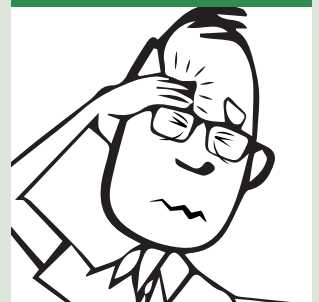
Frowning eyebrows



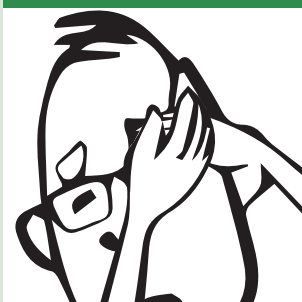
Changes in the eyes (squinting, dull, bright, more movements)



Touching and holding the painful spot



Protecting the painful area



Withdrawing



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Category 2: Resistance/defense

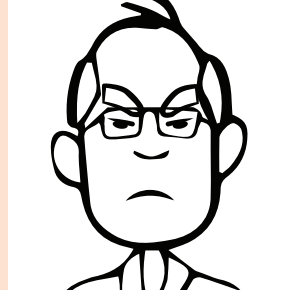
Verbal aggression



Physical aggression (e.g. pushing away, scratching, hitting, punching, kicking)



Irritated (agitated)



Going backwards



Not wanting to be touched



Non-cooperation/ resistance to care



Category 3: Social-emotional mood

Grumpy/irritable



Screaming/yelling



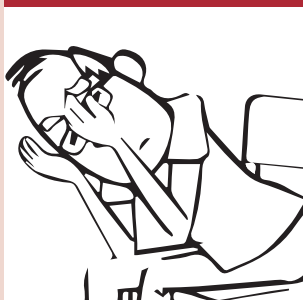
Dark gaze



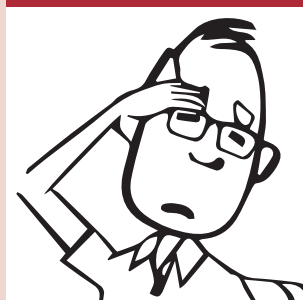
Sad look



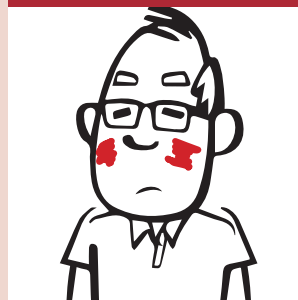
Not letting people come close



Distressed/upset



Flushed, red face



Restless

